

MUIZZIES MEGILLA

Jews with views



Unveiling of Shul Plaque - 2 Sep 12pm



Muizenberg historical conservation society



The Muizenberg Historical Conservation Society, a volunteer organisation, has over a period of 40 years done conservational work in preserving the rich history of our region, running a programme of commemorating important persons, events and places by inter alia erecting historical blue plaques. They will be erecting two new plaques, commemorating the Jewish Community's contribution to Muizenberg and commemorating the famous architect of the Union Buildings, Sir Herbert Baker at the residence he designed for himself in Muizenberg. This is in line with programmes of major cities like London and Paris to celebrate their past.

The last two plaques celebrating Agatha Christie's surfing skills and the first Inn in the South, Farmer Peck's Inn, were unveiled by ex-Premier Helen Zille, on 6 May 2019 to much local acclaim and media attention. The event was also attended by the South Peninsula College's tourism department students. Our plaque will also be unveiled by Helen Zille with similar media attention.

The Board of the Society has invited anyone with association with the shul to join the unveiling of the plaques, to be erected at the Muizenberg Synagogue on Camp Road, and at "Sand Hills", the house Sir Herbert Baker designed for himself at 14-16 Beach Rd. The two venues are about 500m from each other and attendees will walk from the shul to Beach Rd to unveil the plaques.

Please decide carefully regarding Covid exposure - but you invited nonetheless. We hope as a shul to celebrate our plaque once Covid numbers are down.



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LECHAIM!

Life in South Africa

With
 Ruth Carneson



Do you ever get to the end of the day and wonder where all the time went? You have a long list of things that you intended to do but half the things on the list don't get done. Even though you are busy the whole

day. The days whiz by and before you know it it's Friday and the week is done. And then it's a new month and Rosh Hashanah is just around the corner. A time to reflect on the past year and how we spent our time and where we would like to be in our lives this time next year. What changes would we like to make to live our lives in a better way?

In the past I would get very frustrated at never having enough time to fit in all the things that I wanted to do. I felt a sense of failure that however hard I tried to manage my time it just was not possible. Then one day I realized that this was not something to get upset about. It was something to celebrate. How lucky I was to have so many things that I wanted to do. It was a blessing not a curse. I breathed a sigh of relief. The world is full of wonderful things that I want to do, places I want to go, people I want to see, things I want to learn and it is impossible to fit it all into one lifetime.

How does one juggle one's time successfully? There are always the things that have to be done and then there are the things that one wants to do. There are other people's needs; the demands of work and family. Parents of young children in particular have to juggle their time very skillfully. Children have a different sense of time; four year olds are not worried about ticking off their list of things to do, instead they live in the moment and don't worry about clocks and calendars. We all need that time to play. I find moodling is essential to my well being. To muddle is to dawdle and to fritter away time while letting your mind wonder and chew on thoughts in a relaxed way. It is about balance; time to be

focused and time to let go of busyness. To just breath deeply and take in the world around us. Thank goodness for the gift of Shabbat every

Times for Cape Town
 From Hebcal.com

September 2021

Fri 03 Sep	6:11pm	Candle lighting
Sat 04 Sep		Parashat Nitzavim
Sat 04 Sep	7:08pm	Havdalah
Mon 06 Sep		Erev Rosh Hashana
Mon 06 Sep	6:13pm	Candle lighting
Tue 07 Sep		Rosh Hashana 5782
Tue 07 Sep	7:10pm	Candle lighting
Wed 08 Sep		Rosh Hashana II
Wed 08 Sep	7:10pm	Havdalah
Thu 09 Sep	5:40am	Fast begins
Thu 09 Sep		Tzom Gedaliah
Thu 09 Sep	7:04pm	Fast ends
Fri 10 Sep	6:16pm	Candle lighting
Sat 11 Sep		Shabbat Shuva
Sat 11 Sep		Parashat Vayeilech
Sat 11 Sep	7:12pm	Havdalah
Wed 15 Sep		Erev Yom Kippur
Wed 15 Sep	6:19pm	Candle lighting
Thu 16 Sep		Yom Kippur
Thu 16 Sep	7:16pm	Havdalah
Fri 17 Sep	6:21pm	Candle lighting
Sat 18 Sep		Parashat Ha'Azinu
Sat 18 Sep	7:17pm	Havdalah
Mon 20 Sep		Erev Sukkot
Mon 20 Sep	6:23pm	Candle lighting
Tue 21 Sep		Sukkot I
Tue 21 Sep	7:19pm	Candle lighting
Wed 22 Sep		Sukkot II
Wed 22 Sep	7:20pm	Havdalah
Thu 23 Sep		Sukkot III (CH"M)
Fri 24 Sep		Sukkot IV (CH"M)
Fri 24 Sep	6:26pm	Candle lighting
Sat 25 Sep		Sukkot V (CH"M)
Sat 25 Sep	7:22pm	Havdalah
Sun 26 Sep		Sukkot VI (CH"M)
Mon 27 Sep		Sukkot VII (Hoshana Raba)
Mon 27 Sep	6:28pm	Candle lighting
Tue 28 Sep		Shmini Atzeret
Tue 28 Sep	7:24pm	Candle lighting
Wed 29 Sep		Simchat Torah
Wed 29 Sep	7:25pm	Havdalah



SIMEHA JOKES by Abe Casper

Translations of Yarmulke

- *Nu...is he Jewish?
- *Japanese motorcycle worn on head.
- *Chanukkah helmet.
- *Yireh m'Elokim.
- *Yid lid
- *Frummie Frisbee
- *Scholar skullcap.
- *Kippa Lid on it.
- *Cow lick cap.
- *A way to tell who has rights in Israel.
- *Yiddisher Cap
- *Blessing Beanie
- *Ted's Koppel
- *Kosher Cap
- *Kup cover
- *Knit wit.
- *Cosmic Ray shield
- *Cheap Tupee.
- *A daven derby
- *Heeb hat.
- *Thinking cap
- *Yamaha
- *Woody Allen's secret for getting babes.
- *Bald spot cover
- *What the pope wears but Israelis don't

What's in a Name?

An American Indian comes back to Reservation to visit with his parents after spending some time in New York. He says to his father that he's fallen in love with a nice Jewish girl. His father is mortified and says: "You're betraying your heritage, and you'll break your mother's heart that you're not marrying a nice Indian girl. You know how Jews are. You know how Jews are, you'll be ostracized in both camps. The son reassures his father. "They must have already accepted the situation because they've already given their daughter an Indian name." "Really?" says the father. "What name?" "Sitting Shiva."

SEICHEL Reflections with Rabbi Ryan



Shana Tovah! Happy New year! Welcome back to the month of many celebrations. Here below is a reminder:

Rosh Hashana: The Torah mentions we should blow the Shofar, but doesn't provide many details. We assume it is to celebrate the anniversary of humanity, our first birthday as a species so to speak. We make music to enjoy the fact that we still going 7.5 billion strong. We also blow the Shofar to remind us to do teshuva, where we become our best selves and ask G-d and others for forgiveness. A birthday is joyous, but also a time to reflect on our lives. We blow the shofar to remind us that we do not take our lives for granted and we prepared to do the work to enjoy our time on this planet as the most inspirational, responsible and caring people we can be.

Yom Kippur: Only 8 days after Rosh Hashana ends, we have the only 24 hour fast day mentioned in the Torah. It is a day of becoming angelic, where we have no focus on our bodies but all efforts go into soul searching and improvement. We plead for forgiveness and do a 24 hour cleanse to remember that we should never take our lives for granted. No eating and sleeping, but also no judging, being critical of others, talking badly etc. Its a day of sincere introspecting.

Sukkot: Only 5 days after Yom Kippur, we begin Sukkot. We eat in our Sukkah and shake the lulav and etrog in different directions. We show that we are at one with nature. G-d will look after us as G-d did for our people in the desert for 40 years when they left Egypt. Eating outdoors reminds us that no matter where we are or how shallow we have fallen, there is always protection and love, and we point the lulav in every direction to show that blessing lies everywhere. It is a happy time to share with others and rejoice in the happy festivals.

Finally, we end sukkot with Shemini Atzeret and Simchat Torah. We leave the Sukkah to go back indoors. We delight that G-d has forgiven us and blessed us with rain in its correct time and amount, homes that we can be comfortable, and a Torah that helps us develop a moral compass. May we all enjoy the festivals and be blessed through them.

ORCHIM - GUEST COLUMN

New model of Shuls
by
Chief Rabbi
Warren Goldstein



We have learned so much about ourselves through these 18 months of turbulence. We have experienced the power of proactive partnership in our community as we all pulled together to get through the challenges.

Our Shuls have battled bravely through the pandemic, adapting to extremely difficult circumstances in many wonderful ways. Throughout lockdown, rabbis and rebbetzins have continued to provide inspiration to congregants through online channels, with innovative learning programmes and prayer services. Chessed initiatives have brought joy and support and comfort to those battling with illness and various other challenges related to the pandemic. Communities have organised hospital visits, delivered groceries, arranged phone calls to those battling in isolation. Shul organising committees have run vital fundraising campaigns and ensured adherence to strict, complex and often inconvenient protocols so that shuls could open up between the three waves we've endured. It has been an inspiring effort all round.

Now, as we begin to see the light at the end of the COVID-19 tunnel, I believe the time has come for all of us, as the South African Jewish community, to reframe our relationship with our shuls across the country. It's tempting to view shul membership as we would a club membership – we pay membership fees as clientele and expect certain benefits and services in return. But I don't believe this client-service provider dynamic is an effective or helpful model for our shuls – certainly not now as we prepare for the post-pandemic future.

We need a new model, one in which we view ourselves not as customers or clients of our shul, but as partners. It requires a shift in mindset. We are not passive consumers, we are active participants – we ourselves create the vibrancy, the energy and the inspiration of our shuls.

When we come to shul, we don't sit back passively waiting to be inspired by the rabbi, chazan and choir, however brilliant they are at what they do. Only by pouring our heart and soul into the shul experience will we find real connection. An inspiring sermon and a beautiful tune will enhance that experience. But we need to be actively engaged. We bring that experience to life.

And to do that we need to get involved – to be proactive in building the sense of community within our shuls. This means joining shiurim; attending services, both on Shabbos and, when we can, during the week; participating in chessed activities – whether it's making meals or visiting the sick, or reaching out to fellow congregants with messages of love and support, and even helping our shuls fulfil their financial responsibilities. By contributing and getting involved, we will find the happiness that comes from living with meaning and purpose.

We can create a fresh energy and vibrancy; a newfound sense of community that inspires existing congregants and draws new people in.

We need to see ourselves as real partners with each other in this exciting vision. In this, we can take inspiration from our Divine mandate, to be, as the Talmud puts it, "G-d's partners in creation". Hashem doesn't want us to be passive recipients of His goodness and kindness. He wants us to earn it, to be active players in realising it in the world, through our mitzvahs, and our learning, and our davening, and our good deeds. That is the model of partnership that our shuls need now more than ever. Let us go forward into the new year energised and inspired to be partners with each other, partners with our shuls and therefore, ultimately, partners with Hashem.

May Hashem bless our precious Muizenberg Shul and all its wonderful people with a good and sweet year filled with health and healing after this past year, which has brought so much loss for us all.

Shana tova,
Chief Rabbi Warren Goldstein

Gesund Traditional Chopped liver recipes by Ralph Brooks

Ralph's chopped liver
Gehagte leber

500 grams chicken liver
2 onions
2 eggs

Finely chop onions, fry in smaltz until they brown. Fry livers but not for too long. When cool mince everything together. Add smaltz until texture is soft. Season with salt to taste.

Enjoy





Shirley Ross - 31 Aug - Happy Bday Shirley!

Monica Jacobson - 20 Sept - Happy bday Monica!

Joan Wasserman - Aug 5 - Happy Bday to one of the kindest, caring and friendliest aunties we know! Wear a mask on the outside but never on the inside! Love your fam in Muizenberg!

Gracie Rica Davidoff- Happy 7th bday our sweet love. Keep sowing and glowing. We love you. Love your cuddies Haji and Ashi

*Happy
Bday
dedications*

Please write a dedication for
next month to anyone you
want!
email

Muizenberg.shul@gmail.com
with "bday" as subject of email

*Community
notices*

Shul Services:

Please note that the board of our shul has decided to open for a 2 hour shul service on first day of Rosh Hashana morning (Tues 7 Sep) with Shofar blowing inside shul followed by a Tashlich outdoor service with extra Shofar blowing.

We will also have a two hour Yom Kippur service in morning with Yizkor recited. Both services will be 10am-12pm



Annual Yom Kippur appeal

YOM KIPPUR APPEAL PLEDGE

5778

1.....hereby donate/pledge R.....

To the Muizenberg Hebrew Congregation for their Yom Kippur Appeal.

For those who wish to donate directly into our bank account kindly insert your name as a reference.

BANK:- FNB BRANCH:- FISH HOEK
ACCOUNT:- MUIZENBERG HEBREW CONGREGATION
ACCOUNT NUMBER:- 50290587053

Please return the completed form to one of the committee members or email to : cecilebuirski@telkomsa.net



6 Camp Road Muizenberg Cape Town Western Cape South Africa
PO Box 16 Muizenberg 7950 South Africa
Tel: +27 (0)21 788 1624 - Email: cecilebuirski@telkomsa.net

ARE EMPTY **URGENT**

MORE THAN 360 JEWISH CAPE TOWN FAMILIES ARE DEPENDENT ON THE COMMUNITY FOR THEIR BASIC NECESSITIES & FOOD. THE FOODBANK PROVIDES FOR THOSE IN DIRE NEED.....

THE FOOD BANK.

We are appealing to the community to donate non-perishable items, toiletries or cleaning materials to the Foodbank so that we can continue to FILL UP our monthly food parcels. The items include:

NON-PERISHABLE KOSHER ITEMS
Macaroni, Spaghetti, Rice, Peanut butter, Fish Paste, Jam, Chutney, Mayonnaise, Tomato Sauce, Pasta Sauce, Soya Mince, Margarine, Eggs, Tuna, Oil, Long life Milk, Baked Beans, Peas, Sweetcorn, Chopped and peeled tomatoes, Tomato and onion mix, Tea, Coffee, Biscuits, Provita, Salticrax, Jungle Oats, Weetbix, Corn Flakes, Sugar, Black bags, Tin Foil, Cling wrap

LUNCH BOX ITEMS
Packets of chips, Mini biscuit packs, Fruit rolls, Popcorn, 250ml still water, 250ml juice box

TOILETRIES
Deodorant, Toothpaste, Toothbrush, Shampoo, Conditioner, Soap, Body Lotion, Face cloths, Sanitary pads, Razors, Toilet Rolls

CLEANING MATERIALS
Washing Powder, Handy Andy, Jik, Dishwashing Liquid

JEWISH COMMUNITY SERVICES
CAPE TOWN

FOR FURTHER INFORMATION
CONTACT NEILL 083 2651252

this is an iCAN initiative



SCHMOOZE INTERVIEWS

by Abe Casper



Interview with Mandy Yachad, Johannesburg

Mandy Yachad, cricketing legend and mainstay of the December-January holiday season. Mandy is usually the first to arrive in December, with a few family members in tow.

Where are you from?

Johannesburg, born and bred.

What about your schooling?

I attended Houghton Primary and Highlands North Boys High.

Tell me about your parents.

They came to South Africa from Eastern Europe when they were young. My mother did secretarial work. My father was in the clothing trade. He worked for a firm that had its factory in Cape Town. He ran things from the Johannesburg end.

What were the high points of your cricketing career?

In 1982, when South Africa was still in isolation I played for my country against the Rebel West Indies. In 1991, our first official tour took place against India. I was privileged to be in the team.

Have you always been "frum?"

I grew up in a "traditional" home. We were observant and kept kosher. I couldn't be shomer shabbos during my sporting career because we often played on Saturday. When I played away from home I would stay with people who kept kosher or take kosher food along with me.

When did you become part of Chabad?

My parents used to attend the shul known as the Chassidic Shul. When the Rebbe sent Rabbi Lipskar to South Africa to start Chabad in 1972 it became the first Chabad shul in the country. We were deeply influenced by him.

How long have you been coming to Muizenberg?

I have a picture of myself on Muizenberg Beach at less than three years old. I came with my parents every year until the age of fifteen. We stayed in Arlington Court. Then I had an interruption of about fifteen years while I was involved in sport. In 1993 we bought a flat in Arlington Court and since then we have been coming as a family every year.

Mannie Rubinstein was born in Johannesburg in 1934. He was educated at Yeoville Boys and Athlone High School and qualified as a Chartered Accountant at Wits. In 1959 he married Reva (nee Schwartz) to whom he was married for 56 years. They were blessed with 3 children, Neil, Joanne and Rochi, grandchildren and great grandchildren.

He was very active in the Jewish community, both in Shul and communal activities. He was Chairman and a long serving committee member of Oxford Shul and an Honorary Member of the Johannesburg Chevra Kaddisha which he was involved in for many years.

He passed away at the age of 81 and merited to be buried in Eretz Yisrael which was his dream.

Below dedicated by his son Neil on behalf of the family

The 19th Av (28th July) marks the 6th year Yohrtzeit of our Father Mannie Rubinstein Z"L. Mannie was affectionately known as the unofficial Mayor of Muizenberg. The Muizenberg shul had a very special place in his heart.

Our Father first came to Muizenberg at the age of 3 and thereafter almost every year of his life.

His attachment to Muizenberg and the Shul only grew over the years. There was nothing in the world that could compare to Muizenberg. His love of Muizenberg became so ingrained in our Family that already the 4th generation of his Family are all Muizenberg lovers.

Our wonderful childhood memories are of the lively Lecha Dodi welcoming the Shabbat in a packed standing room only Shul on Friday night and the crowds on Shabbat morning streaming

to Wherry Road for the fabulous Brochas which, thanks to wonderful Ladies Guild, are still such a feature of the Shul today.

His greatest joy was collecting donations for the Shul and for his pet project the annual

Mannie Rubinstein



Yizkor – we remember

THE MEMORIES ALWAYS LIVE WITH US

email

Muizenberg.shul@gmail.com
to add any specific names to
the Yartzzeit service on Yom
Kippur



ALMOST A CENTURY OF MEMORIES - WHERE THE PAST MEETS THE PRESENT



Shapiros in Israel, Yachad Fam, Bulmer boys and snowman, Views of surfers from St James, and Benji Huxham starting to train for barmitzvah.

ZOOM LEARNING

Zoom details:
ID: 5064227253
Password: 6JsVHr

Zoom Lectures this August:
Wed 1 Sep 4pm "from helpless to hopeful"
Fri 3 Sep 4pm Shabbat Service
Mon 6 Sep 4pm Building Rosh Hashana Intentions
Wed 15 Sep Building Yom Kippur Intentions
Fri 17 Sep Shabbat Service
Fri 24 Sep Shabbat Service

Contact Shul

6 Camp Road Muizenberg Cape Town Western Cape South Africa
PO Box 16 Muizenberg 7950 South Africa
Rabbi Ryan Newfield · Email: rnewfield@gmail.com
Secretary: Tel: +27 (0)21 788 1624 · Email: cecilebuirski@telkomsa.net